

LOVE, SEX, AND PARKINSON'S



Real Talk About Staying Close

**Living with Parkinson's can change energy, movement, and mood –
but it doesn't mean the end of intimacy or pleasure.**

This open, down-to-earth talk will explore how Parkinson's affects sexual desire, arousal, and relationships, and offer practical strategies for staying connected, communicating about changes, and finding new ways to experience closeness and satisfaction together.



Pebble Kranz, MD, FECSM. IF, MSCP

Dr. Kranz is a family physician and specialist in menopause and sexual medicine, and the founder and medical director of the Rochester Center for Sexual Wellness. She trained at Brown University and the University of Rochester and later completed advanced fellowships in sexual, menopause, and gender medicine.



Jill Weldum, LMFT-D, CCPT

Jill Weldum is the founder of Alkira Marriage and Family Therapy, AASECT certified sex therapist, and long-time advocate for people living with the impact of Parkinsons.

No Charge for Event! Please pre-register at: alkiraintake@gmail.com

TUESDAY, NOVEMBER 17TH

2:00PM-3:30PM

EMPOWER PARKINSONS

**4888 West Taft Road
Liverpool NY**

In case of inclement weather event will become virtual.